



Jay Birmingham Aftercare Advice

Extensions have a life span from nine to eighteen months depending on aftercare and there are a few key steps you must follow to ensure your hair remains in good condition.

Do not submerge your extensions in sea water, the salt will dehydrate the hair and can cause colour change and damage.

Avoid chlorine from the swimming pool as this can cause matting of the hair and again discolouration.

Wear a hat if possible to protect your hair from UV damage.

Minimise your use of heated styling tools to increase the longevity of your extensions.